

Text: Philippians 4:10-13

1. Rejoicing in the Lord

a) Appreciating the care and concern of the Philippians

i) In the past

ii) The lack of opportunity

iii) In the present

b) Seeing the Lord's hand of blessing

2. Recalling lessons learned

a) Learning to be abased Philippians 4:12

b) Learning to abound Philippians 4:12

c) Learning to be content Philippians 4:11

d) Practical lessons Philippians 4:12

i) How to be full

ii) How to be hungry

iii) How to abound

iv) How to suffer need

3. Remembering an important principle

a) The ability to do all things

b) In and through Christ Jesus the Lord Philippians 4:13

4. Recalling

a) There was a time when Paul was in distress Philippians 4:14

b) The Philippians shared in his distress Philippians 4:15-16

i) When no church supported

ii) The Philippians did

iii) They faithfully supported

5. Remarks in conclusion

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| a) Commendation of the Philippians for their support | Philippians 4:17-18 |
| b) Blessing of the Philippians for their kindness | Philippians 4:19 |
| c) Giving of glory to the Lord | Philippians 4:20 |

Bible Memory Work

Philippians 4:13

I can do all things through Christ who strengthens me.